

# A Devotional—Keep going because of what God has done.

Acts 27–28:10

DAY  
1

## God Holds Me

A storm can feel scary. Bad things can happen. But God is still with you. God is strong. He can help you feel safe. When you feel worried, you can trust Him. He holds you like a strong rope on a mountain.

**ON-PAGE ACTIVITY:** Draw a boat safe on the waves.



LOOK, God is with me when things feel scary.

DAY  
2

## Trust in the Storm

Paul trusted God during the storm. You can trust God too. Trust means you believe God loves you and will help you. Even when life feels hard, God does not leave you.

KNOW that God stays with me when bad things happen.



DAY  
3

## Sink or Float

When something bad happens, you can talk to God. You can say, “Help me!” God is always with you and always hears you. You can keep trusting Him, one step at a time.

**AT-HOME ACTIVITY:** With a grown-up, gather a few small items and a large bowl of water. Place the items one at a time in the bowl to see if they sink or float. Remember that God always helps us to stay afloat.

ASK God to help you trust Him when bad things happen.

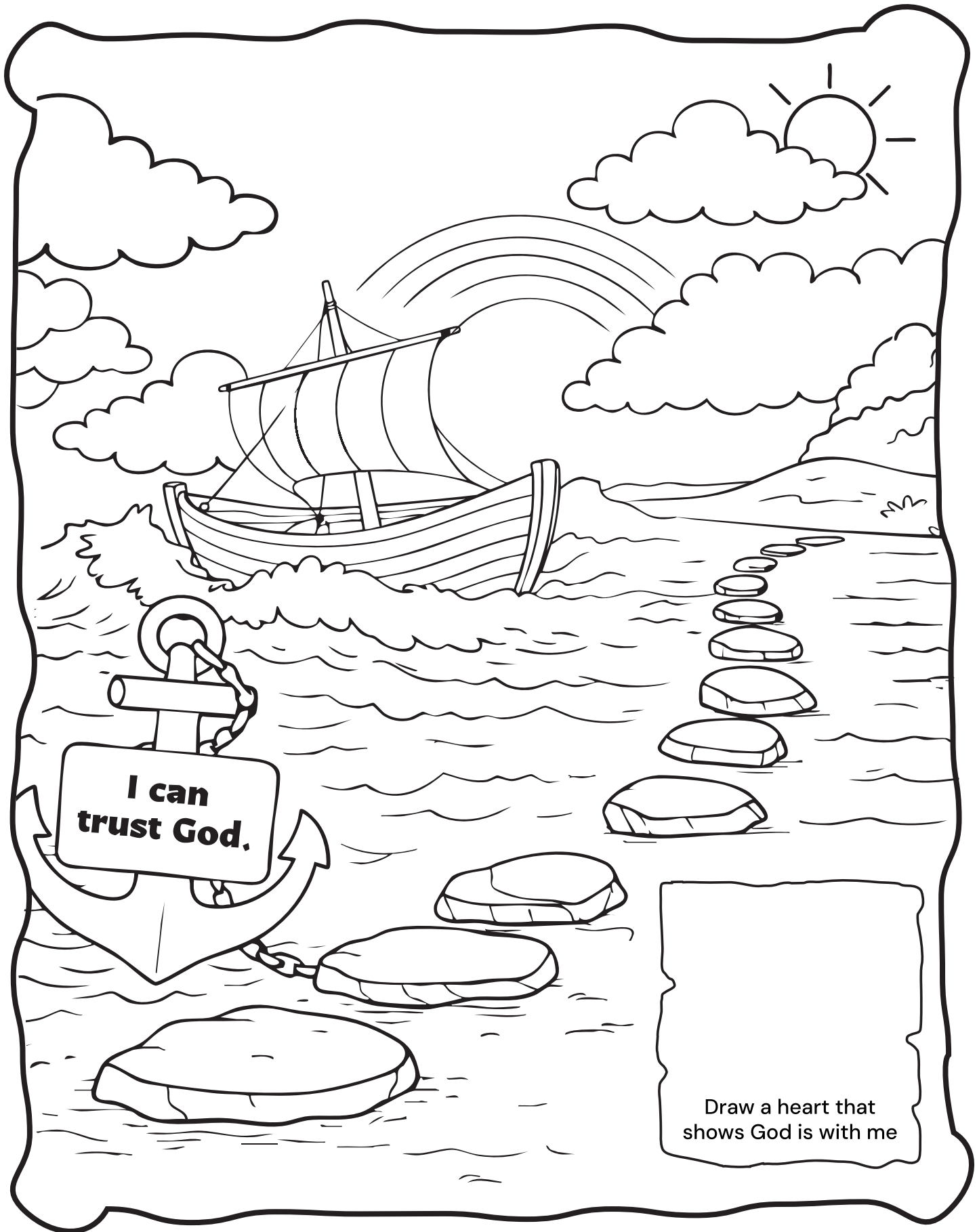
DAY  
4

## Thank You, God

God helped Paul and the people on the ship. God helps you too. When you’re sad, God cares. When you’re afraid, God is close. You can trust God, even when bad things happen.

**“God, thank You for being with me. Help me trust You when I feel scared or sad. You are good. I love You, God. In Jesus’ name. Amen.”**

God will make everything right in the end.



**I can  
trust God.**

Draw a heart that  
shows God is with me